Internships are a great opportunity to translate what you’ve learned in the classroom into real-world experience. However, the world we live in right now is limiting your options, making it difficult to find an in-office internship. Have you thought about doing an internship virtually this summer?

**What is a virtual internship?**

Virtual internships mean that you can work with companies across the world (including some in the U.S.) to support a myriad of projects. When completing a virtual internship, many of the same aspects of a traditional in-person internship still exist: meetings with your supervisor or teammates, completing a mix of individual and group projects, and learning about the overall company culture and industry it works in.

**What are the benefits of a virtual internship?**

Here are some excellent resources that highlight the benefits of a virtual internship:

- [Resources for Students During COVID-19](https://www.umich.edu/careercenter/) [2] (University Career Center)
- [8 Benefits of a Remote Internship](https://www.globalexperiences.net) [3] (Global Experiences)
**Are these internships paid?**

In general, virtual internships are unpaid. However, they may have other forms of compensation:

- Some might offer academic credit. If you are interested in receiving academic credit for a virtual internship, you will have to speak with your academic advisor. If you want the credit to count towards your major/minor, you will have to speak with your major/minor advisor. More information can be found [here](https://internationalcenter.umich.edu/abroad/swt/study/academic-credit).
- Some organizations are offering financial credit for participation in a future study abroad program through the same organization (for example, Winter 2021, Summer 2021).
- Students participating in a [Sage Corps remote internship program](https://sagecorps.com/remote-internships) are eligible to receive a stipend from their host startup company (subject to availability).
- Virtual internships in Spring/Summer 2020 are eligible for funding from the LSA Opportunity Hub! For more information about eligibility requirements, award disbursements, and how to apply, please visit [here](https://lsa.umich.edu/opportunityhub/news-events/all-news/student-news/Virtual-internships-spring-and-summer-2020.html).

**Where are they located?**

As mentioned earlier, you could intern for companies located all over the world (don’t forget that you and your company might be in different time zones!). Some internship-providing organizations offer opportunities in the U.S. as well.

If you are seeking domestic virtual internship opportunities through U-M, the [LSA Opportunity Hub](https://lsa.umich.edu/opportunityhub) is a great resource.

**How do I find out more about virtual internship opportunities?**

If you have any questions about virtual internships, you can make a virtual appointment [here](https://internationalcenter.umich.edu/abroad/swt/services) with an Education Abroad Advisor or email ic-abroad@umich.edu.

Keep in mind that some virtual internship application deadlines are rolling, while others may be very soon. You will want to act quickly!

Source URL: https://internationalcenter.umich.edu/abroad/swt/work/virtual-internships

Links
[2] https://careercenter.umich.edu/content/resources-students-during-covid-19
[4] https://internationalcenter.umich.edu/abroad/swt/study/academic-credit
[7] https://lsa.umich.edu/opportunityhub
[8] https://internationalcenter.umich.edu/abroad/swt/services
[9] mailto:ic-abroad@umich.edu