J-1 Students

Maintaining Status

- Important Information about J-1 Exchange Visitor Status
- Two-Year Foreign Residency Requirement and Waiver
- Department of Homeland Security Address Notification Requirement

Change of Status

- Change of Status to F-1
- Change of Status to F-2 Dependent
- Change of Status to J-1
- Change of Status to J-2 Dependent

Enrollment Requirements

- Full-Time Equivalency for Graduate Students
- Reduced Course Load
- Guest Student Information
- Rackham Grace Period (Ph.D. Students)
- Rackham Grace Period - Special COVID-19 procedures

Employment Options

- Academic Training for J-1 Students
- On-Campus Employment for F-1/J-1 Students
- Off-Campus Employment Based on Economic Hardship
- Employment and Volunteering

Transfer, Travel, Departure

- Transferring to Another U.S. Higher Education Institution
- Travel Outside the U.S. and Re-entry
  - Travel Advisory
  - Visa Information
  - What to Expect When Traveling
  - Re-entry to the U.S.
- Departing the U.S.
Departing/Transfer-Out Checklist

Airport Information

**Dependents & Family Visitors**

- **J-2 Dependents**
  - J-2 Dependent Employment Authorization Document
- **Other Family Visitors to the U.S. (B-1/B-2 Visitors)**

**Resources**

- Forms for J-1 Students

**Source URL:** https://internationalcenter.umich.edu/students/j1-students

**Links**

[1] https://internationalcenter.umich.edu/important-information-about-j1-status
[3] https://internationalcenter.umich.edu/address-notification-requirement
[4] https://internationalcenter.umich.edu/change-status-to-f1
[6] https://internationalcenter.umich.edu/change-status-to-j1
[7] https://internationalcenter.umich.edu/change-status-j2-dependent
[8] https://internationalcenter.umich.edu/students/reduced-course-load
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[10] https://internationalcenter.umich.edu/students/rackham-grace-period
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