J-1 Students

Maintaining Status

- [Important Information about J-1 Exchange Visitor Status](#)
- [Two-Year Foreign Residency Requirement and Waiver](#)
- [Department of Homeland Security Address Notification Requirement](#)

Change of Status

- [Change of Status to F-1](#)
- [Change of Status to F-2 Dependent](#)
- [Change of Status to J-1](#)
- [Change of Status to J-2 Dependent](#)

Enrollment Requirements

- [Full-Time Equivalency for Graduate Students](#)
- [Reduced Course Load](#)
- [Guest Student Information](#)
- [Rackham Grace Period (Ph.D. Students)](#)

Employment Options

- [Academic Training for J-1 Students](#)
- [On-Campus Employment for F-1/J-1 Students](#)
- [Off-Campus Employment Based on Economic Hardship](#)
- [Employment and Volunteering](#)

Transfer, Travel, Departure

- [Transferring to Another U.S. Higher Education Institution](#)
- [Travel Outside the U.S. and Re-entry](#)
  - [Travel Advisory](#)
  - [Visa Information](#)
  - [What to Expect When Traveling](#)
  - [Re-entry to the U.S.](#)
- [Departing the U.S.](#)
  - [Departing/Transfer-Out Checklist](#)
Dependents & Family Visitors

- **J-2 Dependents**
- **Other Family Visitors to the U.S. (B-1/B-2 Visitors)**

Resources

- [Forms for J-1 Students](https://internationalcenter.umich.edu/resources/forms/j1-students)

Source URL: [https://internationalcenter.umich.edu/students/j1-students](https://internationalcenter.umich.edu/students/j1-students)

Links

[1] [https://internationalcenter.umich.edu/important-information-about-j1-status](https://internationalcenter.umich.edu/important-information-about-j1-status)
[2] [https://internationalcenter.umich.edu/j-two-year-requirement](https://internationalcenter.umich.edu/j-two-year-requirement)
[3] [https://internationalcenter.umich.edu/address-notification-requirement](https://internationalcenter.umich.edu/address-notification-requirement)
[4] [https://internationalcenter.umich.edu/change-status-to-f1](https://internationalcenter.umich.edu/change-status-to-f1)
[5] [https://internationalcenter.umich.edu/change-status-to-f2-dependent](https://internationalcenter.umich.edu/change-status-to-f2-dependent)
[6] [https://internationalcenter.umich.edu/change-status-to-j1](https://internationalcenter.umich.edu/change-status-to-j1)
[7] [https://internationalcenter.umich.edu/change-status-j2-dependent](https://internationalcenter.umich.edu/change-status-j2-dependent)
[8] [https://internationalcenter.umich.edu/students/reduced-course-load](https://internationalcenter.umich.edu/students/reduced-course-load)
[9] [https://internationalcenter.umich.edu/students/guest](https://internationalcenter.umich.edu/students/guest)
[10] [https://internationalcenter.umich.edu/students/rackham-grace-period](https://internationalcenter.umich.edu/students/rackham-grace-period)
[11] [https://internationalcenter.umich.edu/students/j1-students/academic-training](https://internationalcenter.umich.edu/students/j1-students/academic-training)
[12] [https://internationalcenter.umich.edu/students/campus-employment](https://internationalcenter.umich.edu/students/campus-employment)
[13] [https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship](https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship)
[14] [https://internationalcenter.umich.edu/students/employment-volunteer](https://internationalcenter.umich.edu/students/employment-volunteer)
[15] [https://internationalcenter.umich.edu/students/transferring-another-us-higher-education-institution](https://internationalcenter.umich.edu/students/transferring-another-us-higher-education-institution)
[16] [https://internationalcenter.umich.edu/travel-outside-us-reentry](https://internationalcenter.umich.edu/travel-outside-us-reentry)
[17] [https://internationalcenter.umich.edu/travel-advisory](https://internationalcenter.umich.edu/travel-advisory)
[18] [https://internationalcenter.umich.edu/travel-visa](https://internationalcenter.umich.edu/travel-visa)
[19] [https://internationalcenter.umich.edu/what-expect-when-traveling](https://internationalcenter.umich.edu/what-expect-when-traveling)
[20] [https://internationalcenter.umich.edu/travel-reentry](https://internationalcenter.umich.edu/travel-reentry)
[21] [https://internationalcenter.umich.edu/departing-us](https://internationalcenter.umich.edu/departing-us)
[22] [https://internationalcenter.umich.edu/sites/default/files/DepartureTransferOutChecklist.pdf](https://internationalcenter.umich.edu/sites/default/files/DepartureTransferOutChecklist.pdf)
[23] [https://internationalcenter.umich.edu/airport-information](https://internationalcenter.umich.edu/airport-information)
[24] [https://internationalcenter.umich.edu/j2-dependents](https://internationalcenter.umich.edu/j2-dependents)
[26] [https://internationalcenter.umich.edu/other-family-visitors](https://internationalcenter.umich.edu/other-family-visitors)
[27] [https://internationalcenter.umich.edu/resources/forms/j1-students](https://internationalcenter.umich.edu/resources/forms/j1-students)