J-1 Students

Maintaining Status

- Important Information about J-1 Exchange Visitor Status
- Two-Year Foreign Residency Requirement and Waiver
- Department of Homeland Security Address Notification Requirement

Change of Status

- Change of Status to F-1
- Change of Status to F-2 Dependent
- Change of Status to J-1
- Change of Status to J-2 Dependent

Enrollment Requirements

- Full-Time Equivalency for Graduate Students
- Reduced Course Load
- Guest Student Information
- Rackham Grace Period (Ph.D. Students)
- Rackham Grace Period - Special COVID-19 procedures

Employment Options

- Academic Training for J-1 Students
- On-Campus Employment for F-1/J-1 Students
- Off-Campus Employment Based on Economic Hardship
- Employment and Volunteering

Transfer, Travel, Departure

- Transferring to Another U.S. Higher Education Institution
- Travel Outside the U.S. and Re-entry
  - Travel Advisory
  - Visa Information
  - What to Expect When Traveling
  - Re-entry to the U.S.
- Departing the U.S.
Departing/Transfer-Out Checklist

Airport Information

Dependents & Family Visitors

- **J-2 Dependents**
  - J-2 Dependent Employment Authorization Document

- Other Family Visitors to the U.S. (B-1/B-2 Visitors)

Resources

- Forms for J-1 Students

Source URL: https://internationalcenter.umich.edu/students/j1-students

Links
[1] https://internationalcenter.umich.edu/important-information-about-j1-status
[3] https://internationalcenter.umich.edu/address-notification-requirement
[4] https://internationalcenter.umich.edu/change-status-to-f1
[6] https://internationalcenter.umich.edu/change-status-to-j1
[7] https://internationalcenter.umich.edu/change-status-j2-dependent
[8] https://internationalcenter.umich.edu/students/reduced-course-load
[9] https://internationalcenter.umich.edu/students/guest
[10] https://internationalcenter.umich.edu/students/rackham-grace-period
[12] https://internationalcenter.umich.edu/students/j1-students/academic-training
[13] https://internationalcenter.umich.edu/students/campus-employment
[14] https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship
[15] https://internationalcenter.umich.edu/students/employment-volunteer
[16] https://internationalcenter.umich.edu/students/transferring-another-us-higher-education-institution
[17] https://internationalcenter.umich.edu/travel-outside-us-reentry
[18] https://internationalcenter.umich.edu/travel-advisory
[19] https://internationalcenter.umich.edu/travel-visa
[20] https://internationalcenter.umich.edu/what-expect-when-traveling
[21] https://internationalcenter.umich.edu/travel-reentry
[22] https://internationalcenter.umich.edu/departing-us
[24] https://internationalcenter.umich.edu/airport-information
[25] https://internationalcenter.umich.edu/j2-dependents
[27] https://internationalcenter.umich.edu/other-family-visitors
[28] https://internationalcenter.umich.edu/resources/forms/j1-students