J-1 Students

Maintaining Status

- Important Information about J-1 Exchange Visitor Status
- Two-Year Foreign Residency Requirement and Waiver
- Department of Homeland Security Address Notification Requirement

Change of Status

- Change of Status to F-1
- Change of Status to F-2 Dependent
- Change of Status to J-1
- Change of Status to J-2 Dependent

Enrollment Requirements

- Full-Time Equivalency for Graduate Students
- Reduced Course Load
- Guest Student Information
- Rackam Grace Period (Ph.D. Students)

Employment Options

- Academic Training for J-1 Students
- On-Campus Employment for F-1/J-1 Students
- Off-Campus Employment Based on Economic Hardship
- Employment and Volunteering

Transfer, Travel, Departure

- Transferring to Another U.S. Higher Education Institution
- Travel Outside the U.S. and Re-entry
  - Travel Advisory
  - Visa Information
  - What to Expect When Traveling
- Re-entry to the U.S.
- Departing the U.S.
  - Departing/Transfer-Out Checklist
Dependents & Family Visitors

- **J-2 Dependents**
- **Other Family Visitors to the U.S. (B-1/B-2 Visitors)**

Resources

- [Forms for J-1 Students](https://internationalcenter.umich.edu/resources/forms/j1-students)

Source URL: https://internationalcenter.umich.edu/students/j1-students

Links
1. [https://internationalcenter.umich.edu/important-information-about-j1-status](https://internationalcenter.umich.edu/important-information-about-j1-status)
2. [https://internationalcenter.umich.edu/j-two-year-requirement](https://internationalcenter.umich.edu/j-two-year-requirement)
3. [https://internationalcenter.umich.edu/address-notification-requirement](https://internationalcenter.umich.edu/address-notification-requirement)
4. [https://internationalcenter.umich.edu/change-status-to-f1](https://internationalcenter.umich.edu/change-status-to-f1)
5. [https://internationalcenter.umich.edu/change-status-to-f2-dependent](https://internationalcenter.umich.edu/change-status-to-f2-dependent)
6. [https://internationalcenter.umich.edu/change-status-to-j1](https://internationalcenter.umich.edu/change-status-to-j1)
7. [https://internationalcenter.umich.edu/change-status-j2-dependent](https://internationalcenter.umich.edu/change-status-j2-dependent)
8. [https://internationalcenter.umich.edu/students/reduced-course-load](https://internationalcenter.umich.edu/students/reduced-course-load)
9. [https://internationalcenter.umich.edu/students/guest](https://internationalcenter.umich.edu/students/guest)
10. [https://internationalcenter.umich.edu/students/rackham-grace-period](https://internationalcenter.umich.edu/students/rackham-grace-period)
11. [https://internationalcenter.umich.edu/students/j1-students/academic-training](https://internationalcenter.umich.edu/students/j1-students/academic-training)
12. [https://internationalcenter.umich.edu/students/campus-employment](https://internationalcenter.umich.edu/students/campus-employment)
13. [https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship](https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship)
14. [https://internationalcenter.umich.edu/students/employment-volunteer](https://internationalcenter.umich.edu/students/employment-volunteer)
15. [https://internationalcenter.umich.edu/students/transferring-another-us-higher-education-institution](https://internationalcenter.umich.edu/students/transferring-another-us-higher-education-institution)
16. [https://internationalcenter.umich.edu/travel-outside-us-reentry](https://internationalcenter.umich.edu/travel-outside-us-reentry)
17. [https://internationalcenter.umich.edu/travel-advisory](https://internationalcenter.umich.edu/travel-advisory)
18. [https://internationalcenter.umich.edu/travel-visa](https://internationalcenter.umich.edu/travel-visa)
19. [https://internationalcenter.umich.edu/what-expect-when-traveling](https://internationalcenter.umich.edu/what-expect-when-traveling)
20. [https://internationalcenter.umich.edu/travel-reentry](https://internationalcenter.umich.edu/travel-reentry)
21. [https://internationalcenter.umich.edu/departing-us](https://internationalcenter.umich.edu/departing-us)
23. [https://internationalcenter.umich.edu/airport-information](https://internationalcenter.umich.edu/airport-information)
24. [https://internationalcenter.umich.edu/j2-dependents](https://internationalcenter.umich.edu/j2-dependents)
26. [https://internationalcenter.umich.edu/other-family-visitors](https://internationalcenter.umich.edu/other-family-visitors)
27. [https://internationalcenter.umich.edu/resources/forms/j1-students](https://internationalcenter.umich.edu/resources/forms/j1-students)