New Enhanced Social Distancing Guidelines Post-Arrival

In light of changing guidance from the Center for Disease Control and Prevention (CDC), U-M has adjusted its recommendations for those arriving from international destinations to the following:

**Arriving by plane, bus or train**

All faculty, staff and students arriving from international or domestic locations via plane, bus or train are expected to follow COVID-19 prevention measures (wearing face coverings, social distancing, and limiting contact with others). These individuals also are encouraged to stay home as much as possible for the 14-day period following their arrival. However, during this time, they may attend classes, go to work, or go out for essentials (groceries, banking, etc.) and they may use public transportation to get to their destination. For more details, see the [Campus Maize & Blueprint website](https://campusmaizeblueprint.umich.edu) [1].

**Additional guidance for international travelers**

The CDC (Centers for Disease Control and Prevention) has updated its [travel guidance](https://www.cdc.gov/travel/​) and is no longer recommending that individuals arriving from international locations observe a 14-day period of quarantine upon their arrival to the U.S. U-M will continue to monitor evolving guidance from public health experts and will modify this approach as appropriate.

**Before you travel:** Please participate in [Enhanced Social Distancing](https://internationalcenter.umich.edu/career-prep/enhanced-social-distancing) [3] during the 14 days prior to your travel to the U.S., per U-M guidance, as much as possible.

**After arrival:** Once in the U.S., the IC encourages you to use your best judgement when it comes to public transportation for essential trips, including your trip to campus from the airport. Current transportation options from the Detroit airport (DTW) to Ann Arbor, including the [Michigan Flyer/AirRide](https://www.umich.edu/transportation/michigan-flyer-airride) [4], are limited or not in operation. Thus, a taxi or rideshare such as Uber or Lyft may be your best options for travel to campus. Please wear a face covering, sit as far away as possible from the driver, ask for the windows to be open if possible and wash or sanitize your hands. You should do this anytime you are in a car or on a bus. Remember that face coverings are required on both U-M [5] and [Ann Arbor](https://annarbor.org) [6] busses.

Please refer to the [Campus Maize & Blueprint website](https://campusmaizeblueprint.umich.edu) [7] for detailed information about U-M’s public health informed semester and other important information about [safety and health](https://internationalcenter.umich.edu/safety) [8]. The IC has also posted an [announcement about health insurance](https://internationalcenter.umich.edu/health-insurance) [9], should you need to utilize it for COVID-19 or other purposes.