U-M Health Insurance Office Hours

How to Reach the International Center’s Health Insurance Advisor

- **By Email:** Most requests and questions can be handled by email: ihi@umich.edu [1], and you can also refer to the forms and information on our website for some common questions and requests.
  - Health Insurance Fall 2020 Waiver Request Form (COVID-19) [2]
  - COVID-19 Insurance Coverage Information [3]
  - OPT waiver request [4]
  - Add/Remove Dependent Request [5]
- **By Phone:** You can call 734-647-2303 and leave a message and the Insurance Advisor will return your call. You can also request a phone appointment by emailing ihi@umich.edu [1]
- **By Remote Office Hours Drop-In:** Once this service is available, this web page will be updated with a link and hours, and then you will be able to "drop-in" for a meeting with the Insurance Advisor.

**Source URL:** https://internationalcenter.umich.edu/resources/healthins/hours

**Links**
[1] mailto:ihi@umich.edu
[2] https://internationalcenter.umich.edu/node/1413