Health Insurance

If you are an F-1 or J-1 international student or a J-1 scholar whose Form I-20 or DS-2019 was issued by the University of Michigan (Ann Arbor), you are required to have health insurance coverage for yourself and any F-2 or J-2 dependents while at the University of Michigan. Health insurance coverage is coordinated through the U-M International Center. For contact information and office hours, see U-M International Center Health Insurance Office Hours [1].

This section provides the following information on the U-M health insurance requirement and the U-M International Student/Scholar Health Insurance (IHI) Plan:

- [Useful Links & Frequently Asked Questions](https://internationalcenter.umich.edu/resources/healthins/links-and-faq) [2]
- [U-M Health Insurance Requirement and Enrollment Process](https://internationalcenter.umich.edu/resources/healthins/requirement-and-enrollment-process) [3]
- [U-M International Student/Scholar Health Insurance (IHI) Plan Coverage and Rates](https://internationalcenter.umich.edu/resources/healthins/coverage-and-rates) [4]
- [Alternatives to the U-M International Student/Scholar Health Insurance (IHI)](https://internationalcenter.umich.edu/resources/healthins/alternatives) [5]
- [U-M Health Insurance Standards and Insurance Waiver](https://internationalcenter.umich.edu/resources/healthins/waiver) [6]
- [Using the U-M International Student/Scholar Health Insurance (IHI)](https://internationalcenter.umich.edu/resources/healthins/using-ihi) [7]
  - [U-M International Student/Scholar Health Insurance (IHI) ID Card](https://internationalcenter.umich.edu/resources/healthins/ihidcard) [8]
  - [Doctor Visits and Hospital Stays](https://internationalcenter.umich.edu/resources/healthins/dentals) [9]
  - [What To Do If You Get A Bill From The Hospital or Doctor](https://internationalcenter.umich.edu/resources/healthins/what-to-do-if-you-get-a-bill-from-the-hospital-or-doctor) [11]
  - [Travel Outside the U.S.](https://internationalcenter.umich.edu/resources/healthins/travel-outside-us) [12]
  - [Prescription Drugs](https://internationalcenter.umich.edu/resources/healthins/prescription-drugs) [13]
  - [Important Phone Numbers](https://internationalcenter.umich.edu/resources/healthins/important-phone-numbers) [14]
- [If You Are Not Eligible for U-M International Student/Scholar Health Insurance (IHI)](https://internationalcenter.umich.edu/resources/healthins/eligibility) [15]
- [Health Insurance Information for Canadian Students and Scholars](https://internationalcenter.umich.edu/resources/healthins/health-insurance-information-for-canadian-students-and-scholars) [16]
- [Health Insurance Forms](https://internationalcenter.umich.edu/resources/healthins/forms) [17]
- [Dental Care](https://internationalcenter.umich.edu/resources/healthins/dentals) [18]

**Source URL:** https://internationalcenter.umich.edu/resources/healthins

**Links**

[1] https://internationalcenter.umich.edu/resources/healthins/hours
[5] https://internationalcenter.umich.edu/resources/healthins/alternatives
[6] https://internationalcenter.umich.edu/resources/healthins/waiver