Health Insurance

If you are an F-1 or J-1 international student or a J-1 scholar whose Form I-20 or DS-2019 was issued by the University of Michigan (Ann Arbor), you are required to have health insurance coverage for yourself and any F-2 or J-2 dependents while at the University of Michigan. Health insurance coverage is coordinated through the U-M International Center. For contact information and office hours, see [U-M International Center Health Insurance Office Hours](https://internationalcenter.umich.edu/resources/healthins/hours).

This section provides the following information on the U-M health insurance requirement and the U-M International Student/Scholar Health Insurance (IHI) Plan:

- Useful Links & Frequently Asked Questions [2]
- U-M Health Insurance Requirement and Enrollment Process [3]
- U-M International Student/Scholar Health Insurance (IHI) Plan Coverage and Rates [4]
- Alternatives to the U-M International Student/Scholar Health Insurance (IHI) [5]
- U-M Health Insurance Standards and Insurance Waiver [6]
- Using the U-M International Student/Scholar Health Insurance (IHI) [7]
  - U-M International Student/Scholar Health Insurance (IHI) ID Card [8]
  - Doctor Visits and Hospital Stays [9]
  - What's Covered and What's Not [10]
  - What To Do If You Get A Bill From The Hospital or Doctor [11]
  - Travel Outside the U.S. [12]
  - Prescription Drugs [13]
  - Important Phone Numbers [14]
- If You Are Not Eligible for U-M International Student/Scholar Health Insurance (IHI) [15]
- Health Insurance Information for Canadian Students and Scholars [16]
- Health Insurance Forms [17]
- Dental Care [18]

**Source URL:** https://internationalcenter.umich.edu/resources/healthins

**Links**

[1] https://internationalcenter.umich.edu/resources/healthins/hours
[5] https://internationalcenter.umich.edu/resources/healthins/alternatives
[6] https://internationalcenter.umich.edu/resources/healthins/waiver
[7] https://internationalcenter.umich.edu/resources/healthins/plan
[8] https://internationalcenter.umich.edu/resources/healthins/card
[9] https://internationalcenter.umich.edu/resources/healthins/doctor-visits
[10] https://internationalcenter.umich.edu/resources/healthins/coverage
[12] https://internationalcenter.umich.edu/resources/healthins/travel
[13] https://internationalcenter.umich.edu/resources/healthins/prescription-drugs
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