Health Insurance

If you are an F-1 or J-1 international student or a J-1 scholar whose Form I-20 or DS-2019 was issued by the University of Michigan (Ann Arbor), you are required to have health insurance coverage for yourself and any F-2 or J-2 dependents while at the University of Michigan. Health insurance coverage is coordinated through the U-M International Center. For contact information and office hours, see [U-M International Center Health Insurance Office Hours](https://internationalcenter.umich.edu/resources/healthins/hours).

This section provides the following information on the U-M health insurance requirement and the U-M International Student/Scholar Health Insurance (IHI) Plan:

- [Useful Links & Frequently Asked Questions](https://internationalcenter.umich.edu/resources/healthins/links-and-faq)
- [U-M Health Insurance Requirement and Enrollment Process](https://internationalcenter.umich.edu/resources/healthins/requirement-and-enrollment-process)
- [U-M International Student/Scholar Health Insurance (IHI) Plan Coverage and Rates](https://internationalcenter.umich.edu/resources/healthins/coverage-and-rates)
- [Alternatives to the U-M International Student/Scholar Health Insurance (IHI)](https://internationalcenter.umich.edu/resources/healthins/alternatives)
- [U-M Health Insurance Standards and Insurance Waiver](https://internationalcenter.umich.edu/resources/healthins/waiver)
- [Using the U-M International Student/Scholar Health Insurance (IHI)](https://internationalcenter.umich.edu/resources/healthins/using)
  - [U-M International Student/Scholar Health Insurance (IHI) ID Card](https://internationalcenter.umich.edu/resources/healthins/ihi-id-card)
  - [Doctor Visits and Hospital Stays](https://internationalcenter.umich.edu/resources/healthins/doctor-visits-and-hospital-stays)
  - [What's Covered and What’s Not](https://internationalcenter.umich.edu/resources/healthins/what-covered-and-what’s-not)
  - [What To Do If You Get A Bill From The Hospital or Doctor](https://internationalcenter.umich.edu/resources/healthins/what-to-do-if-you-get-a-bill-from-the-hospital-or-doctor)
  - [Travel Outside the U.S.](https://internationalcenter.umich.edu/resources/healthins/travel-outside-u-s)
  - [Prescription Drugs](https://internationalcenter.umich.edu/resources/healthins/prescription-drugs)
  - [Important Phone Numbers](https://internationalcenter.umich.edu/resources/healthins/important-phone-numbers)
- [If You Are Not Eligible for U-M International Student/Scholar Health Insurance (IHI)](https://internationalcenter.umich.edu/resources/healthins/if-you-are-not-eligible-for-u-m-international-student-scholar-health-insurance-ihi)
- [Health Insurance Information for Canadian Students and Scholars](https://internationalcenter.umich.edu/resources/healthins/health-insurance-information-for-canadian-students-and-scholars)
- [Health Insurance Forms](https://internationalcenter.umich.edu/resources/healthins/forms)
- [Dental Care](https://internationalcenter.umich.edu/resources/healthins/dental-care)

**Source URL:** https://internationalcenter.umich.edu/resources/healthins

**Links**
1. [https://internationalcenter.umich.edu/resources/healthins/hours](https://internationalcenter.umich.edu/resources/healthins/hours)
2. [https://internationalcenter.umich.edu/resources/healthins/links-and-faq](https://internationalcenter.umich.edu/resources/healthins/links-and-faq)
3. [https://internationalcenter.umich.edu/resources/healthins/requirement-and-enrollment-process](https://internationalcenter.umich.edu/resources/healthins/requirement-and-enrollment-process)
4. [https://internationalcenter.umich.edu/resources/healthins/coverage-and-rates](https://internationalcenter.umich.edu/resources/healthins/coverage-and-rates)
5. [https://internationalcenter.umich.edu/resources/healthins/alternatives](https://internationalcenter.umich.edu/resources/healthins/alternatives)
6. [https://internationalcenter.umich.edu/resources/healthins/waiver](https://internationalcenter.umich.edu/resources/healthins/waiver)