Health Care

The type of medical/health services you seek depends greatly on your health insurance policy. Please make sure to read through your health insurance policy carefully and know what your plan covers and does not cover. For students and scholars enrolled in the International Health Insurance Plan (Aetna Student Health) please visit the U-M International Center's [Health Insurance](https://internationalcenter.umich.edu) section for more information.

Hospitals

Depending on which type of health insurance you carry, your preferred hospital may one of two major hospital systems:

**University of Michigan Health System (UMHS)**
1500 E. Medical Center Drive
Ann Arbor, MI
734.936.4000 (general information)
734.936.6666 (emergency department)
UMHS includes an emergency department, three hospitals (the main University Hospital for adults, C.S. Mott Children's Hospital, and Women's Hospital) the Taubman Health Care Center, which houses many of the 120 outpatient clinics.

**Saint Joseph Mercy Health System-St. Joseph Mercy Hospital**
5301 Mcauley Dr.
Ypsilanti, MI
734.712.3456 (general information)
734.712.3000 (emergency department)

Health Emergencies

**Calling an Ambulance**

For emergencies that require an ambulance, dial 911.

**Emergency Room Visits**

For emergencies in which you are able to drive to the hospital, you can also visit emergency rooms of the hospitals listed above. The emergency area of the hospital is clearly marked.
**Mental Health Emergencies**

If you have psychiatric emergency please go to the emergency room of the hospitals listed above or call the UMHS psychiatric/suicide crisis line at 734.996.4747 (available 24 hours).

**Poison**

Control If you have a poisoning emergency, call 800.222.1222 (available 24 hours). If the victim has collapsed or is not breathing, call 911. The Poison Control Center urges all households to have syrup of ipecac on hand.

**Urgent Care**

These facilities provide walk-in treatment for non-life-threatening illness and non-traumatic injuries. Go to the nearest emergency room or call 911 in any life-threatening situation.

- **University Health Service (UHS)** [4]
  207 Fletcher
  Ann Arbor, MI
  734.764.8325 (appointments)
  734.764.8320 (information)
- UMHS University Hospital and Children's Emergency Services
- St. Joseph Mercy Hospital

**Primary Care**

Please contact your health insurance provider to ensure you are visiting a doctor approved under your plan. The following is a list of U-M affiliated facilities, but your insurance provider will have an extensive list of doctors you may also visit:

- **University Health Service** [4]
  Provides comprehensive and urgent care health services for enrolled students (free of charge) and M-Care HMO members whose primary care facility is UHS.

- **East Ann Arbor Health Center (part of UMHS)** [2]
  4260 Plymouth Rd
  Ann Arbor, MI
  734.647.5680 (pediatric clinic)
  734.647.5640 (family practice clinic)
  Pediatric and adult health care provided. Close to North Campus. Staff members fluent in many languages.

**Family Planning and Sexual Health**

Your primary care physician, the University Health Service, and the Planned Parenthood of Mid-Michigan Alliance can provide you with information on birth control and testing/counseling for pregnancy, HIV, sexually transmitted diseases, and pregnancy termination. These organizations provide their services with 100% confidentiality.
Dental Services

Refer to the U-M International Center's Health Insurance, Dental Care page for detailed information on dental care resources in the Ann Arbor area.

Vision Care Services

There are many private optometrists available throughout Ann Arbor area, but before you make an appointment with one, you should make sure you have vision coverage as a part of your health insurance coverage. Your insurance provider will be able to refer you to an optometrist or eye clinic that accepts your insurance.

For a complete list of area eye care professionals, please consult the Yellow Pages.

Listed below are two U-M affiliated facilities:

Eye Care Clinic and Optical Shop (part of UHS)
3rd floor, UHS, 207 Fletcher
Ann Arbor, MI
734.763.0291
Provides routine eye exams, contact lenses, treatment of eye disease, prescription frames and lenses, sports, recreational and protective eyewear. Services available to enrolled students, their spouses and dependent children.

U-M Kellogg Eye Center (part of UMHS)
1000 Wall Street
Ann Arbor, MI
734.763.1415
Provides comprehensive eye care services.

Source URL: https://internationalcenter.umich.edu/resources/life/health-care

Links
[1] https://internationalcenter.umich.edu/resources/healthins
[4] https://www.uhs.umich.edu/
[7] https://www.uhs.umich.edu/eyecare