Health Care

In order to avoid unnecessary costs when you seek health care services, it’s important to be familiar with your health insurance policy. Read your health insurance policy carefully so that you know what your plan covers and does not cover, and which doctors, hospitals, and pharmacies are in your insurance plan’s network. If you are enrolled in U-M’s International Student/Scholar Health Insurance Plan (Blue Care Network), visit the U-M International Center's [Health Insurance](https://internationalcenter.umich.edu) section for more information. Review the Benefits and Wellness section of the U-M Human Resources website if you are enrolled in [GradCare](https://internationalcenter.umich.edu) or in one of U-M’s [faculty/staff health insurance plans](https://internationalcenter.umich.edu). If you have a different insurance plan, consult that plan’s website.

Hospitals

Depending on which type of health insurance you carry, your preferred hospital may be one or both of two major hospital systems:

- **Michigan Medicine**
  - 1500 E. Medical Center Drive
  - Ann Arbor, MI
  - 734.936.4000 (general information)
  - 734.936.6666 (emergency department)
  
  Michigan Medicine includes an emergency department, three hospitals (the main University Hospital for adults, C.S. Mott Children's Hospital, and Women’s Hospital), and the Taubman Health Care Center, which houses a variety of outpatient clinics.

- **Saint Joseph Mercy Health System-St. Joseph Mercy Hospital**
  - 5301 Mcauley Dr.
  - Ypsilanti, MI
  - 734.712.3456 (general information)
  - 734.712.3000 (emergency department)

Health Emergencies

**Calling an Ambulance**

For emergencies that require an ambulance, dial 911.
Emergency Room Visits

For emergencies in which you are able to drive to the hospital, you can also visit emergency rooms of the hospitals listed above. The emergency area of the hospital is clearly marked.

Mental Health Emergencies

If you have a psychiatric emergency please go to the emergency room of the hospitals listed above or call the Michigan Medicine psychiatric/suicide crisis line at 734.996.4747 (available 24 hours).

Poison Control

If you have a poisoning emergency, call Poison Control [6] at 800.222.1222 (available 24 hours). If the victim has collapsed or is not breathing, call 911.

Sexual Assault and Prevention Awareness Center SAPAC

734.936.3333 (24-Hour Crisis Line)

SAPAC Services [7]

Urgent Care

The Ann Arbor Observer’s City Guide has a list of urgent care facilities [8]. Also, CVS has a Minute Clinic on State Street close to U-M’s Central Campus - see Hours [9] and Services [10]. These facilities provide walk-in treatment for non-life-threatening illness and non-traumatic injuries. Be sure to check your insurance company’s website to see which urgent care facilities are in your insurance company’s network.

Go to the nearest emergency room or call 911 in any life-threatening situation.

Primary Care

Please contact your health insurance provider to ensure you are visiting a doctor approved under your plan. The following is a list of U-M affiliated facilities, but your insurance provider will have an extensive list of doctors you may also visit:

University Health Service [11]
Provides comprehensive health services. Many services are free of charge [12] for students who are currently enrolled on the Ann Arbor campus. Others affiliated with the University of Michigan can also receive health care at University Health Service; see Who Can Use UHS [13] for details and costs.

East Ann Arbor Health Center [14]

Family Medicine at Domino's Farms [15]

Briarwood Family Medicine [16]

Family Planning and Sexual Health

Your primary care physician, the University Health Service, and Planned Parenthood can provide you with confidential information on birth control and testing/counseling for pregnancy, HIV, sexually transmitted
diseases, and pregnancy termination.

Planned Parenthood[17]
2370 W. Stadium Blvd.
Ann Arbor, MI 48103

Planned Parenthood[18]
3100 Professional Drive
Ann Arbor, MI 48104

**Dental Services**

Refer to the U-M International Center's Health Insurance, Dental Care[19] page for detailed information on dental care resources in the Ann Arbor area.

**Vision Care Services**

Listed below are two U-M affiliated facilities, but you can also check your insurance company’s website for more options. Also be sure to confirm that your insurance plan includes vision coverage. The U-M International Student/Scholar Health Insurance Plan does include some vision coverage.

Eye Care Clinic and Optical Shop[20] (on U-M’s Central Campus – part of University Health Service)

U-M Kellogg Eye Center[21] (part of Michigan Medicine)
1000 Wall Street
Ann Arbor, MI

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**Source URL:** https://internationalcenter.umich.edu/resources/life/health-care

**Links**
[1] https://internationalcenter.umich.edu/resources/healthins
[2] https://hr.umich.edu/benefits-wellness/health-well-being/health-plans/gradcare
[3] https://hr.umich.edu/benefits-wellness/health-well-being/health-plans
[7] https://sapac.umich.edu/about
[8] https://annarborobserver.com/cg/t0084.html#198
[12] https://uhs.umich.edu/costs-students
[13] https://uhs.umich.edu/who
[16] https://www.uofmhealth.org/our-locations/briarwood-family
[19] https://internationalcenter.umich.edu/resources/healthins/dental-care