Other Helpful Information

- Newspapers
- Weights and Measures
- Clothing Sizes
- U.S. Holidays
- Important Phone Numbers
- Spiritual Resources

Newspapers

- **Ann Arbor News** [1] Ann Arbor's daily newspaper covers international, national and local news and events. Very informative. Excellent classified advertisement section. Thursday edition includes arts and entertainment for the following week.


Weights and Measures

Distance

<table>
<thead>
<tr>
<th></th>
<th>Inches</th>
<th>Feet</th>
<th>Yards</th>
<th>Miles</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 millimeter</td>
<td>.04 inches</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 centimeter</td>
<td>.39 inches</td>
<td>1 inch</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.54 centimeters</td>
<td>1 inch</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30.58 centimeters</td>
<td>12 inches</td>
<td>1 foot</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 meter</td>
<td>39.4 inches</td>
<td>3.28 feet</td>
<td>1.09 yards</td>
<td>.62 miles</td>
</tr>
<tr>
<td>91.44 centimeters</td>
<td>36 inches</td>
<td>3 feet</td>
<td>1 yard</td>
<td></td>
</tr>
<tr>
<td>1 kilometer</td>
<td>3274 feet</td>
<td>1091 yards</td>
<td>1 mile</td>
<td></td>
</tr>
<tr>
<td>1.6 kilometers</td>
<td>5280 feet</td>
<td>1760 yards</td>
<td>1 mile</td>
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</table>
Weight

<table>
<thead>
<tr>
<th>Grams</th>
<th>Ounces</th>
<th>Pounds</th>
<th>Tons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 gram</td>
<td>.03527 ounces</td>
<td>.0625 pound</td>
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</tr>
<tr>
<td>28.35 grams</td>
<td>1 ounce</td>
<td>1 pound</td>
<td></td>
</tr>
<tr>
<td>.4536 kilograms</td>
<td>16 ounces</td>
<td>1 pound</td>
<td></td>
</tr>
<tr>
<td>1 kilogram</td>
<td>35.2 ounces</td>
<td>2.2 pounds</td>
<td>1 ton</td>
</tr>
<tr>
<td>907.2 kilograms</td>
<td>2,000 pounds</td>
<td>1 ton</td>
<td></td>
</tr>
<tr>
<td>1 metric ton</td>
<td>2,200 pounds</td>
<td>1.1 tons</td>
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</tbody>
</table>

Temperature

<table>
<thead>
<tr>
<th>Celsius</th>
<th>Fahrenheit</th>
</tr>
</thead>
<tbody>
<tr>
<td>-20</td>
<td>-4</td>
</tr>
<tr>
<td>-10</td>
<td>14</td>
</tr>
<tr>
<td>0</td>
<td>32</td>
</tr>
<tr>
<td>10</td>
<td>50</td>
</tr>
<tr>
<td>20</td>
<td>68</td>
</tr>
<tr>
<td>30</td>
<td>86</td>
</tr>
<tr>
<td>38</td>
<td>100</td>
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</tbody>
</table>

Body Temperature

<table>
<thead>
<tr>
<th>Celsius</th>
<th>Fahrenheit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low fever</td>
<td>37.8 - 38.3</td>
</tr>
<tr>
<td>High fever</td>
<td>38.9 - 40.6</td>
</tr>
</tbody>
</table>

Clothing Sizes

Women

Dresses, suits and coats

U.K.  30  32  34  36  38  40
U.S.  7-8  9-10  11-12  13-14  15-16  18

Shirts and sweaters

U.K.  34  36  38  40  42  44  46
U.S.  32 (S)  34 (M)  36 (M)  38 (L)  40 (L)  42 (L)  44 (XL)

For some Asian countries

Asian Countries  44  55  66  77
U.S. 1-2 3-4 5-6 7-8

Shoes
Asian countries 230-235 240-245 250-255 260
U.S. 5 6 7 8 9

Men

Suits, sweaters, and overcoats
U.K./U.S. 34 36 38 40 42 44 46

Dress shirts
U.K./U.S. 14 14½ 15 15½ 16 16½ 17

Shoes
U.K. 6½ 7 7½ 8 8½ 9 9½ 10
U.S. 7 7½ 8 ½ 9 9½ 10 10½

U.S. Holidays

For a complete list of holidays celebrated in the U.S. visit Wikipedia's holiday page. [5]

Important Phone Numbers

Emergency 911
Rape Crisis Line 734.936.3333
Domestic Violence Crisis Line (SAFE House) 734.995.5444
Sexual Abuse-Assault Crisis Line 734.483.RAPE (7273)
Campus Safety and Security
Department of Public Safety 734.763.1131
Crime Prevention/Community Relations 734.763.3434
Parking
Parking Enforcement (Ann Arbor Police) 734.994.2908
Handicapped Parking Permits (U-M) 734.764.8291
Secretary of State 734.971.8705 or 734.665.0627
U-M Campus General Information 734.763.1817
University Hospital
General Information 734.936.4000
Emergency Department 734.936.6666
Housing Information Office 734.647.3048
Northwood Community Apartments  734.764.9998
U-M International Center  734.764.9310

**Spiritual Resources**

- [Association of Religious Counselors](http://umich.edu/~religion) [6]
- [Maize page](https://maizepages.umich.edu/Organizations) [7]

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**Source URL:** https://internationalcenter.umich.edu/resources/life/other

**Links**

[5] https://en.wikipedia.org/wiki/Public_holidays_in_the_United_States
[7] https://maizepages.umich.edu/Organizations