

## Vaccinations for Overseas Travel

Vaccinations are an important part of ensuring your health and safety overseas, and requirements vary greatly, depending on your length of stay and exact destination. Plan ahead! Find out whether the countries you plan to visit require specific vaccinations and whether vaccinations or medications such as malaria-prevention medication are recommended well in advance of your trip.

The following list should help you prepare for your vaccinations:

- Begin inoculation procedures **as soon as possible**. Some shots must be administered in a series over a period of time.
- Call weeks in advance to make an appointment.
- Bring your **immunization records**, if available.
- Call your **health insurance company** to see if any inoculations are covered.

### Immunizations and Travel Health

#### Resources

[University Health Service: Travel Health Services](#) [1]

[University Hospital Overseas Travel Clinic](#) [2]

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**Source URL:** <https://internationalcenter.umich.edu/abroad/swt/health/vaccinations>

#### Links

[1] <https://www.uhs.umich.edu/travelhealth>

[2] <https://www.uofmhealth.org/our-locations/overseas-travel-clinic>