University of Michigan Pre-departure Orientation July 8 & 10



Meet Our Presenters



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Today we will focus on:

Campus Life & Support

Immigration

Orientation & Beyond

Q & A





U-M International Center

1500 Student Activities Building

Over 10,000 international students & scholars

From more than 130 countries

Annual Statistical Report

Immigration
Health Insurance
Events & Programs

2020-21 CAMPUS MAIZE & BLUEPRINT

ADVANCING U-M EXCELLENCE, PROTECTING OUR COMMUNITY

Our guide to living, learning and working together safely



Fall Semester Dates:

- August 31- November 20: Classes held in mix of online, hybrid and in-person modes
- November 20-29: Thanksgiving Break (no classes)
- November 30- Dec 8: Classes resume (all moved to online. No in-person coursework)
- December 10-18: Final exams and projects (online only)

Winter Semester Dates: *No Spring Break*

- January 19- April 20: Class held in mix of online, hybrid and in-person modes
- April 22-29: Final exams and projects



General Safety Guidelines/Procedures:

- University hopes to establish a set of "stackable" and interwoven interventions that will enhance
 health and safety for all members of our community. This includes wearing PPE, staying home when
 not feeling well, increasing case-tracking capabilities, and encouraging staff, students, and faculty to
 work from home as much as possible.
- Masks required indoors and when a distance of 6ft cannot be met Students will receive a starter kit which includes a mask and hand sanitizer.
- On campus housing will be open. Lounges and common study areas may be closed and masks
 required in all public areas of residence hall. Dining in-person can be made by reservation,
 otherwise food will be take-out. Single rooms will be prioritized for those with medical conditions that
 make them high risk.

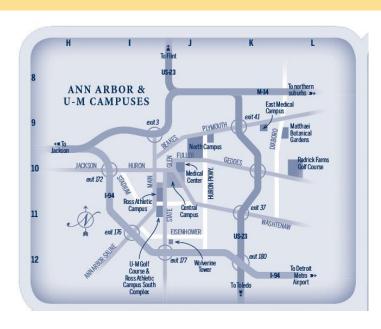
Campus Life & Support



Michigan, Ann Arbor & Campus







Ann Arbor Weather

Average Temperatures:

• Spring: 7-22°C / 45-70°F

Summer: 26-28°C / 80-83°F

• Fall: 9-23°C / 48-70°F

• Winter: -1-1.6°C / 30-35°F

Average Snowfall (Dec-Feb):

33-40.6 cm per month
 /13-16 inches per month









Ann Arbor Temperatures: Average by Month IC welcome booklet

Public Transportation

1. U-M blue buses

- Free
- Connects central, north and south campus
- Routes
- COVID-19 Updates

2. The Ride

- Free when using Mcard
- Operates public transportation services in the greater Ann Arbor-Ypsilanti area
- Routes & Schedules
- COVID-19 Updates





Arriving in Ann Arbor

- Nearest Airport: Detroit Metropolitan Airport (DTW)
- Transportation options from DTW to Ann Arbor
 - Michigan Flyer (\$12/\$15) *service temporarily suspended
 - Airbus * before & after U-M breaks (\$4)
 - Uber, Lyft (around \$40 -50 to Central Campus)
 - Taxi
 - Your own networks!



On-campus Housing

Undergraduate students:

- Residence halls
- Use MCards to enter
- Winter breaks & Summer breaks
- o Apply Here

Graduate students:

- Munger Suites (Central Campus)
- Northwood Townhomes (North Campus)
- 1st & 15th options for leases start day
- June 30th as leases end day
- Apply Here







Many students find housings through:

- ○<u>U-M Beyond the Diag Website</u>
- Craigslist
- Facebook housing pages
- Your network/Student orgs

<u>Student Legal Services</u> can review leases, and be aware of <u>rental scams</u>.

Dining Halls

- University dining halls provide meals for a variety of needs: Kosher, vegetarian, vegan, gluten free, and halal.
- For Fall 2020, meals will be to-go, or students can make reservations for a table if they wish to dine-in.
- Students living in off-campus apartments can purchase meal plans

Visit M Dining here.



Banking

- The selection of bank is your personal choice
 - PNC, the official MCard bank
 - Regional banks, national banks, and international banks
 - Find banks that have ATM machines close to where you live
 - Set-up online & mobile banking
- It is okay to switch banks

Visit the IC's banking webpage here.
See local banks comparison here.

Paying Tuition and Fees

- Bills are posted to your student's Wolverine Access portal monthly and an email is sent to the student.
- <u>Parents and Family Authorization</u>: set up a "Friend/Family Account" so they can also receive those messages through Wolverine Access.
- U-M accepts <u>payments</u> on student charges in the form of cash, check, or e-payment.
 - Optional Payment Plan: spread payment over 5 payments without interest.
 - Refer to <u>2020-2021 Payment Plan Brochure</u>
- International payments can be made through <u>Flywire</u>

Health and Wellness

<u>International Student Health Insurance Plan</u>

- Automatically enrolled
- Monthly payment posted on Wolverine Access
- Check the coverage highlights
- Dental care coverage



- Walk-in visits and appointments available
- Most services are free or have low fees
- Can request interpretation when scheduling

<u>U-M Hospitals - Michigan Medicine</u>: ranked #5 best hospitals in USA and #15 in the world by Newsweek

- International Student Health Insurance plan is accepted.
- Translation services available



Health and Wellness

<u>Immunizations</u>

Not required by U-M or U.S. government

Recommended to protect your health and the health of others

Can <u>get immunizations</u> at UHS for a fee

Counseling and Psychological Services (CAPS)

- Free counseling services
- Counselors speak a variety of languages
- Offers events and group supports
- SilverCloud Online mental health tool

Recreational Sports

 There are gym facilities, group sessions, and personal trainings, intramural and club sports available



Safety

Housing Safety & Security

Lock your door

Department of Public Safety and Security (DPSS)

- <u>U-M Emergency Alert</u>
 - Emergency text/email alerts (bad weather, power outages, school closings, safety concerns)
 - Sign up through Wolverine access
- Save this phone number: (734)763-1131
- Blue Light Phones



Safety

After-hour Rides

- Free, require MCard
- Available between 8 pm to 2 am

Register Devices

- Register valuable devices through DPSS
- You will receive stickers to paste on your devices
- To report the theft of property on campus, call the Police Department at (734) 763-1131 or report a crime online.

Scams

- Be alert to emails or calls that ask for money
- Call the International Center or the U-M Police Department (734-763-1131).



Academic Resources

- Libraries
- Faculty Office Hours
- Advising Centers
- English Language Supports
 - Sweetland Writing Center
 - English Language Institute
 - <u>Language Resources Center</u>
 - Conversation Partners
 - Conversation Circles



U.S. Classroom Expectations

- Relaxed Atmosphere
- Technology Friendly
- Student Centered
- Critical Thinking
- Students Freely Express Opinions
- Active Learning
 - o In class discussion/debate
 - Presentation
 - Role-playing
 - Team-work
 - Papers
 - Case study



Immigration

Applying for your U.S. Visa

Pay the <u>I-901 SEVIS fee</u>
Complete the <u>DS-160 form</u> online
Pay the visa application fee
Make an appointment with the Consulate

U.S. Visa Application Website

Tips: Applying for Your U.S. Visa

- Apply for your visa as early as possible
- Students may be issued F-1 visas up to 120 days before the I-20 program start date
- Be prepared to demonstrate your intent to return home after you complete your academic program
- The following will provide a list of generally required documents for your visa application
 - U.S. Department of State F-1 visa application information
 - U.S. Department of State J-1 visa application information

Preparing for Your Arrival

- Check your <u>I-94 online</u> to be sure you were admitted to the U.S. in the correct immigration status
- Plan to attend all of the international student orientation
- Confirm when your mandatory check-in will be, and be sure to be there at the start of the check-in if it is in person
- Make arrangements for transportation to campus before you arrive.

Preparing for Your Arrival:

- Make arrangements to transfer money to the U.S. after you arrive and open a bank account.
- Any amount/combination of money (cash, money order, travelers' checks) over \$10,000 must be declared in an advance on a U.S. Customs and Border Protection Declaration Form 6059B.
- Make temporary housing arrangements before you arrive, if you plan to arrive before you can enter your dorm room or apartment.

Maintaining Your Immigration Status:

- Maintain good academic standing and make progress towards degree program requirements
- Enroll full-time during academic year (Fall & Winter semesters)
- Undergraduate = 12 credits per term; Graduate = 8 credits per term;
 Graduate students with GSI/GSRA appointments = 6 credits per term
 *May count more than 3 credits of online classes towards minimum enrollment this Fall
- Maintain valid passport and I-20
- Maintain health insurance coverage
- May work on-campus up to 20 hours each week during academic year
- May work more than 20 hours each week during breaks/vacation period
- May not work off campus without proper work authorization

FAQs for Newly Admitted Students

- Immigration Documents (Visas, I-20s, etc.)
- Travel
- Late Arrivals/Deferrals
- Planning for Fall Term 2020

Orientation & Beyond



United States/Midwest Culture

- Midwest Americans are friendly, but they like to keep private life private. Don't be surprised if it takes a while to make close friendships.
 - Smiling, saying good morning/hello, but no conversation following
 - Don't ask: age, weight, sexual orientation, relationship status, political views, income level, etc. when initially meeting people.
- U-M is diverse. You will get to know people from all over the world and from many backgrounds.
- You usually need to be invited over; potlucks are typical.
- Expect to "line up" in the USA when waiting for service.
- Diversity, Equity, & Inclusion (<u>DEI</u>): gender pronouns, accessibility, etc.

Common Challenges

- Homesickness
- Loss of support systems
- Lack of meaningful relationships
- Language difficulties
- U.S. immigration regulatory restrictions
- New approaches to learning
- Changing sense of identity
- Unrealistic expectations from family & self
- Financial problems
- Difficulties in home country
- New ways of doing things



Campus Involvement - Student Orgs

- <u>Taiwanese Student Association</u>
 (<u>TWSA</u>)- undergraduate students
- <u>Michigan Taiwanese Student</u>
 <u>Association (MTSA)</u> graduate
 students
- <u>Michigan International Student</u>
 <u>Society</u> <u>undergraduate students</u>
- Malaysian Students Association
- Vietnamese Student Association

- Graduate Rackham International (GRIN) - Rackham graduate students
- Chinese Student & Scholar
 Association (CSSA)
- Indian Student Association (ISA)
- Korean Student Association (KSA)
- Thai Student Association
- Saudi Students Association

Campus Involvement

Maize Pages

- Find any student organization
 - Search by type of organization
 - Search by name
- Discover events happening nearby
- Track your involvement in clubs

Check with your departments about their own student organizations!

<u>International Center Student Council</u>

- Identify and examine issues affecting international students
- Organize several events throughout the year.



Campus Involvement

FestiFall and NorthFest

- Explore hundreds of student organizations
- Happens on Central and North Campus
- Free giveaways, games, and activities
- Best way to start finding your community

Happening @ Michigan

- Search for any event happening on campus
- Calendar view of events
- Dozens of events listed for every day





Career Resources



Career Services Offices:

- <u>University Career Center</u> (for all students)
- <u>LSA Opportunity Hub</u> (Literature, Science, and Art undergraduate students)
- Career Services in other Schools & Colleges

International Center:

- Finding internships in and outside the U.S.
- Understanding U.S. Workplace Culture
- International Alumni Career Panel
- International Career Pathways

Tips:

- Be proactive
- Build cross-cultural knowledge
- Volunteering
- Learn practical skills

Orientation

Graduate Students:

- Rackham Fall Virtual Welcome
- Your school or department may offer an orientation. Speak with your academic department about its specific orientation.

Undergraduate Students:

 Wolverine Online Orientation



International Center Summer Orientation

Workshops:

- Address practical needs: banking, transportation, driving, car, health care, legal issues...
- Academic support: library basics, cultural differences in the classroom, communicating with academic advisers...
- Health and wellness: health services, managing stress, making friends, getting involved..
- Employment: finding a job on campus, tax forms

<u>Ask Me!</u>: a virtual meeting designed to support new international students

Virtual Chats with Orientation Peer Advisers



- International Picnic
- American Football 101
- Lunch and Learn Series
- Meet, Eat, and American Life (MEAL)@ Michigan
- International Student Lunch Conversation
- Birthday Celebration
- International Coffee Hour
- Taste of Culture Series
- Cultural Excursions
- Immigration Workshops
- Career Workshops
- Income Tax Preparation
- Education Abroad Advising
- Graduation Reception

*Check your umich email for important information and announcements.

International Center Programs



Helpful Links

General Information:

- International Student Welcome Booklet
- Areas of Student Life
- Packing List
- <u>U-M Lingo</u>

Health, Wellness, & Safety:

- Michigan Medicine
- University Health Services
- Recreational Sports
- <u>Division of Public Safety and Security</u>

Academic Resources:

- Libraries
- Sweetland Writing Center
- English Language Institute
- Language Resources Center
- <u>FAQ for LSA Undergraduate</u>
 <u>Students</u>
- FAQ for Engineering Undergraduate Students

Career Resources:

- University Career Center
- Career Services Offices

Housing:

- On-campus housing
- Off-campus housing
- Craigslist
- 安娜堡華人網
- Rental Scams
- <u>Legal Services</u>
- M | Dining
- Storage Services

Community:

- International House Ann Arbor
- International Neighbors
- Michigan Language Center

Transportation:

- IC transportation page
- <u>U-M Logistics, Transportations &</u>
 <u>Parking</u>
- The Rides routes & schedules
- <u>Detroit Connector</u>
- Michigan Flyer (Airport)
- Zipcar, Enterprise

Banking:

- IC banking page
- Local banks comparison

Campus Involvements:

- Maize Pages
- International Center Student Council
- Happening @ Michigan

Phone Apps:

- Michigan App
- DPSS Safety App
- 21 Apps to help you conquer your first year at U-M

Important U.S. Federal and Privacy Laws:

- <u>Family Educational Rights and Privacy Act</u> (<u>FERPA</u>):
- Health Insurance Portability and Accountability Act (HIPAA):

COVID-19 Updates:

- Public Affairs
- International Center
- FAQs for Newly Admitted Students

Q & A



FEEDBACK SURVEY

Please complete the evaluation survey by clicking here or scan the QR code





Safe Travels & See you in Ann Arbor!



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