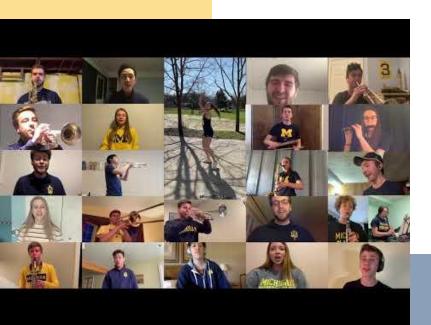
University of Michigan Pre-departure Orientation for Taiwanese Students



密西根大學 台灣新生網上行前說明會



Meet Our Presenters 簡報人介紹



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Today, we will focus on

我們今天說明會的議程是.....

Campus Life & Support

Immigration

Orientations & Beyond

Q & A





U-M International Center

密西根大學國際中心

Over 10,000 international students & scholars

From more than 130 countries

Annual Statistical Report

Immigration
Health Insurance
Programs

Campus Life & Support

校園生活與支援

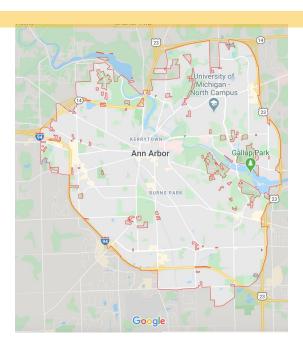


Ann Arbor & U-M Campus Map

安娜堡&密西根大學地圖







See details on each Schools & Colleges here.

Ann Arbor Weather

安娜堡天氣

Average Temperatures:

• Spring: 7-22°C / 45-70°F

• Summer: 26-28°C / 80-83°F

• Fall: 9-23°C / 48-70°F

Winter: -1-1.6°C / 30-35°F

Average Snowfall (Dec-Feb):

33-40.6 cm per month
 /13-16 inches per month









Ann Arbor Temperatures: Average by Month IC welcome booklet

Public Transportation

公共交通

1. U-M blue buses

- Free
- Connects central, north and south campus
- Routes
- COVID-19 Updates

2. The Ride

- Free when using Mcard
- Operates public transportation services in the greater Ann Arbor-Ypsilanti area
- Routes & Schedules
- COVID-19 Updates





More Information

Arrival

抵達

- Nearest Airport: Detroit Metropolitan Airport (DTW)
- Transportation options from DTW to Ann Arbor
 - Michigan Flyer (\$12/\$15)
 - Airbus * before & after U-M breaks (\$4)
 - Uber, Lyft (around \$40 -50 to Central Campus)
 - Taxi
 - Your own networks!



More Information

On-campus Housing 學校住宿

Undergraduate students:

- Residence halls
- Use MCards to enter
- Winter breaks & Summer breaks
- Apply Here

Graduate students:

- Munger Suites (Central Campus)
- Northwood Townhomes (North Campus)
- 1st & 15th options for leases start day
- June 30th as leases end day
- Apply Here







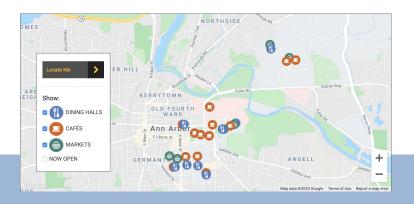
- OU-M Beyond the Diag Website
- Craig's List
- ○安娜堡华人网
- ∘FB housing pages

Recommanded: Attend the virtual Housing Fair

Student Legal Services can review leases, and be aware of rental scams.

Dining Halls 食堂

- University dining halls provide meals for a variety of needs: Kosher, vegetarian, vegan, gluten free, and halal.
- You can eat as much or as little as you like during your visit.



Visit M Dining here.

- If you are living in a undergraduate residence hall, you'll have an Unlimited Meal Plan. This means you can enter as many times as you'd like during regular dining hours and never worry about running out of meals.
- Students living in off-campus apartments can purchase meal plans.

Banking 銀行

- The selection of bank is your personal choice
 - PNC, the official MCard bank
 - Regional banks, national banks, and international banks
 - Find banks that have ATM machines close to where you live
 - Set-up online & mobile banking
- It is okay to switch banks

Visit the IC's banking webpage here.

See local banks comparison here.

Paying Tuition and Fees 學費

- Bills are posted to your student's Wolverine Access portal monthly and an email is sent to the student.
- <u>Parents and Family Authorization</u>: set up a "Friend/Family Account" so they can also receive those messages through Wolverine Access.
- U-M accepts <u>payments</u> on student charges in the form of cash, check, or e-payment.
 - Optional Payment Plan: spread payment over 5 payments without interest.
 - Refer to <u>2020-2021 Payment Plan Brochure</u>
- International payments can be made through <u>Flywire</u>

Health and Wellness 健康

<u>International Student Health Insurance Plan</u>

- Automatically enrolled
- Monthly payment posted on Wolverine Access
- Check the coverage highlights
- Dental care coverage

<u>University Health Services (UHS)</u>

- Walk-in visits and appointments available
- Most services are free or have low fees
- Can request interpretation when scheduling



<u>U-M Hospitals - Michigan Medicine</u>: ranked #5 best hospitals in USA and #15 in the world by Newsweek

- International Student Health Insurance plan is accepted.
- Translation services available

Health and Wellness 健康

Immunizations

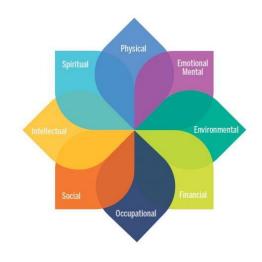
- Not required by U-M or U.S. government
- Recommended to protect your health and the health of others
- Can <u>get immunizations</u> at UHS for a fee

Counseling and Psychological Services (CAPS)

- Free counseling services
- Counselors speak a variety of languages
- Offers events and group supports
- SilverCloud Online mental health tool

Recreational Sports

 There are gym facilities, group sessions, and personal trainings, intramural and club sports available



Safety 安全

Housing Safety & Security

Lock your door

Department of Public Safety and Security (DPSS)

- U-M Emergency Alert
 - Emergency text/email alerts (bad weather, power outages, school closings, safety concerns)
 - Sign up through Wolverine access
- Save this phone number: (734)763-1131
- Blue Light Phones



Safety 安全

After-hour Rides

- Free, require MCard
- Available between 8 pm to 2 am

Register Devices

- Register valuable devices through DPSS
- You will receive stickers to paste on your devices
- To report the theft of property on campus, call the Police Department at (734) 763-1131 or report a crime online.

Scams

- Be alert to emails or calls that ask for money
- Call the International Center or the U-M Police Department (734-763-1131).



Academic Resources 學術資源

- Libraries
- Faculty Office Hours
- Advising Centers
- English Language Supports
 - Sweetland Writing Center
 - English Language Institute
 - <u>Language Resources Center</u>
 - Conversation Partners
 - Conversation Circles





U.S. Classroom Expectations 美國課堂

- Relaxed Atmosphere
- Technology Friendly
- Student Centered
- Critical Thinking
- Students Freely Express Opinions
- Active Learning
 - In class discussion/debate
 - Presentation
 - Role-playing
 - Team-work
 - Papers
 - Case study



Immigration

移民



Applying for your U.S. Visa

簽證申請

Pay the <u>I-901 SEVIS fee</u>
Complete the <u>DS-160 form</u> online
Pay the visa application fee
Make an appointment with the Consulate

U.S. Visa Application Website

Tips: applying for your U.S. Visa

簽證申請

- Apply for your visa as early as possible
- Students may be issued F-1 visas up to 120 days before the I-20 program start date
- Be prepared to demonstrate your intent to return home after you complete your academic program
- The following will provide a list of generally required documents for your visa application
 - U.S. Department of State F-1 visa application information
 - U.S. Department of State J-1 visa application information

Preparing for Your Arrival

在出發以前 ...

- Check your <u>I-94 online</u> to be sure you were admitted to the U.S. in the correct immigration status
- Plan to attend all of the international student orientation
- Confirm when your mandatory check-in will be, and be sure to be there at the start of the check-in
- Make arrangements for transportation to campus before you arrive.

Preparing for Your Arrival

在出發以前 ...

- Make arrangements to transfer money to the U.S. after you arrive and open a bank account.
- Any amount/combination of money (cash, money order, travelers' checks) over \$10,000 must be declared in an advance on a U.S. Customs and Border Protection Declaration Form 6059B.
- Make temporary housing arrangements before you arrive, if you plan to arrive before you can enter your dorm room or apartment.

To Maintain Your Immigration Status

在美期間保持合法的移民身份

- Maintain good academic standing and make progress towards degree program requirements
- Enroll full-time during academic year (Fall & Winter semesters)
- Undergraduate = 12 credits per term; Graduate = 8 credits per term;
 Graduate students with GSI/GSRA appointments = 6 credits per term
- Maintain valid passport and I-20
- Maintain health insurance coverage
- May work on-campus up to 20 hours each week during academic year
- May work more than 20 hours each week during breaks/vacation period
- May not work off campus without proper work authorization

FAQs for Newly Admitted Students

- Immigration Documents (Visas, I-20s, etc.)
- Travel
- Late Arrivals/Deferrals
- Fall Semester Status

Orientations & Beyond

新訓與展望



United States/Midwest Culture

美國中西部文化

- Midwest Americans are friendly, but they like to keep private life private. Don't be surprised if it takes a while to make close friendships.
 - Smiling, saying good morning/hello, but no conversation following
 - Don't ask: age, weight, sexual orientation, relationship status, political views, income level, etc. when initially meeting people.
- U-M is diverse. You will get to know people from all over the world and from many backgrounds.
- You usually need to be invited over; potlucks are typical.
- Expect to "line up" in the USA when waiting for service.
- Diversity, Equity, & Inclusion (<u>DEI</u>): gender pronouns, accessibility, etc.

Common Challenges

留學生常見的挑戰

- Homesickness
- Loss of support systems
- Lack of meaningful relationships
- Language difficulties
- U.S. immigration regulatory restrictions
- New approaches to learning
- Changing sense of identity
- Unrealistic expectations from family & self
- Financial problems
- Difficulties in home country
- New ways of doing things



Campus Involvements 社團與活動

Taiwanese Student
Association (TWSA)
for undergraduate students



Michigan Taiwanese Student

Association (MTSA)

for graduate students



Campus Involvements 社團與活動

Maize Pages

- Find any student organization
 - Search by type of organization
 - Search by name
- Discover events happening nearby
- Track your involvement in clubs

Check with your departments about their own student organizations

<u>International Center Student Council</u>

- Identify and examine issues affecting international students
- Organize several events throughout the year.



Campus Involvements 社團與活動

FestiFall and NorthFest

- Explore hundreds of student organizations
- Happens on Central and North Campus
- Free giveaways, games, and activities
- Best way to start finding your community

Happening @ Michigan

- Search for any event happening on campus
- Calendar view of events
- Dozens of events listed for every day





Career Resources

就業資源



Career Services Offices:

- <u>University Career Center</u> (for all students)
- <u>LSA Opportunity Hub</u> (literature, science, and art undergraduate students)
- Career Services in other Schools & Colleges

International Center:

- Finding internships in and outside the U.S.
- Understanding U.S. Workplace Culture
- International Alumni Career Panel
- International Career Pathways

Tips:

- Be proactive
- Build cross-cultural knowledge
- Volunteering
- Learn practical skills

Orientations

Undergraduate Students:

Wolverine Online Orientation

Graduate Students:

- Rackham Fall Virtual Welcome
- Your school or department may offer an orientation. Speak with your academic department about its specific orientation.



TWSA and MTSA: orientations for new Taiwanese students

International Center Summer Orientation

國際中心暑期新生訓練

Workshops:

- Address practical needs: banking, transportation, driving, car, health care, legal issues...
- Academic support: library basics, cultural differences in the classroom, communicating with academic advisers...
- Health and wellness: health services, managing stress, making friends, getting involved..
- Employment: finding a job on campus, tax forms

<u>Ask Me!</u>: a virtual meeting designed to support new international students

Virtual Chats with Orientation Peer Advisers



- International Picnic
- American Football 101
- Lunch and Learn Series
- Meet, Eat, and American Life (MEAL) @ Michigan
- International Student Lunch Conversation
- Birthday Celebration
- International Coffee Hour
- Taste of Culture Series
- Cultural Excursions
- Immigration Workshops
- Career Workshops
- Income Tax Preparation
- Education Abroad Advising
- Graduation Reception

*Check your umich email for important information and announcements.

International Center Programs

國際中心活動



Helpful Links 連結

General Information:

- International Student Welcome Booklet
- Areas of Student Life
- Packing List
- U-M Lingo

Health, Wellness, & Safety:

- Michigan Medicine
- University Health Services
- Recreational Sports
- <u>Division of Public Safety and Security</u>

Academic Resources:

- Libraries
- Sweetland Writing Center
- English Language Institute
- Language Resources Center
- <u>FAQ for LSA Undergraduate</u>
 <u>Students</u>
- FAQ for Engineering Undergraduate Students

Career Resources:

- University Career Center
- <u>Career Services Offices</u>

Housing:

- On-campus housing
- Off-campus housing
- Craig's List
- 安娜堡華人網
- Rental Scams
- <u>Legal Services</u>
- <u>M | Dining</u>
- Storage Services

Community:

- International House Ann Arbor
- International Neighbors
- Michigan Language Center

Transportation:

- IC transportation page
- <u>U-M Logistics, Transportations &</u>
 <u>Parking</u>
- The Rides routes & schedules
- <u>Detroit Connector</u>
- Michigan Flyer (Airport)
- Zipcar, Enterprise

Banking:

- IC banking page
- Local banks comparison

Campus Involvements:

- Maize Pages
- International Center Student Council
- <u>Taiwanese Student Association</u> (undergraduate)
- Michigan Taiwanese Student
 Association (graduate)
- Happening @ Michigan

Phone Apps:

- Michigan App
- DPSS Safety App
- 21 Apps to help you conquer your first year at U-M

Important U.S. Federal and Privacy Laws:

- <u>Family Educational Rights and Privacy Act</u>
 (FERPA): 保護學生教育紀錄隱私的聯邦法
- Health Insurance Portability and Accountability Act (HIPAA): 有關查看即獲 得健康信息作出規定的聯邦法律

COVID-19 Updates:

- Public Affairs
- International Center
- FAQs for Newly Admitted Students

Q&A



Please complete the evaluation survey by clicking here or scan the QR code below



Safe Travels & See you in Ann Arbor!



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